

**Session 4 Week 1 August 5-August 9**

**Brooks TV Remix**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>9:00-9:10</b>	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting
<b>9:10-9:45</b>	Meet & Greet	Group Photo	Creative Connections	Creative Connections	Creative Connections
<b>9:45-9:50</b>	Transition	Transition	Transition	Transition	Transition
<b>9:50-10:25</b>	Strength & Agility	Soccer	Gymnastics	Skateboarding	Explorations
<b>10:25-10:30</b>	Snack	Snack	Snack	Snack	Snack
<b>10:30-11:05</b>	Creative Connections	Free Swim	Free Swim	Free Swim	Creative Connections
<b>11:05-11:10</b>		Transition	Transition	Transition	
<b>11:10-11:45</b>		Creative Connections	Creative Connections	Creative Connections	
<b>11:45-11:50</b>	Transition	Transition	Transition	Transition	Transition
<b>11:50-12:00</b>	Power-Up Break	Power-Up Break	Power-Up Break	Power-Up Break	Power-Up Break
<b>12:00-12:25</b>	Lunch	Lunch	Lunch	Lunch	Lunch
<b>12:25-12:30</b>	Transition	Transition	Transition	Transition	Transition
<b>12:30-1:05</b>	Creative Connections	Creative Connections	WOW Events	Creative Connections	Ice Cream Party
<b>1:05-1:10</b>			Transition		Transition
<b>1:10-1:45</b>			WOW Events		WOW Events
<b>1:45-1:50</b>	Snack	Snack	Snack	Snack	Creative Connections
<b>1:50-2:25</b>	Creative Connections	Creative Connections	Creative Connections	Creative Connections	Creative Connections
<b>2:25-2:30</b>	Transition			Transition	
<b>2:30-3:05</b>	Soccer			Explorations	
<b>3:05-3:10</b>	Transition	Transition	Transition	Transition	Showcase
<b>3:10-3:45</b>	Archery	Golf	Transition	Soccer	Transition
<b>3:45-3:50</b>	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting

Glossary

**Afternoon Meeting-** A time for the group to reflect on the day and to look ahead to tomorrow while also reinforcing key concepts and maintaining a positive camp environment.

**Meet & Greet-** A time is used to decorate name tags and play ice-breaker games in a way to help build a sense of camp community. This is our way of making sure each child feels welcome on the first day of a new session.

**Morning Meeting-** A time for the group to meet, greet one another, share updates, and review the rules and the day's schedule. Its primary purpose is to foster a sense of camp community, build positive relationships among campers, and set a positive tone for the day.

**Power-Up Break-** A valuable time within the camp day, allowing campers to take a breather from the routine, socialize with their peers, and return to their activities with renewed enthusiasm and energy. These breaks are often used to re-apply sunscreen, refill water bottles, and revisit how the day has progressed.

**Transition-** A time to use the restroom, refill water bottles, and move to the next activity.