

Session I June 24-July 3, 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:10	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting
9:10-9:45	Meet & Greet	Group Photo	WOW Events	Music	Gymnastics
9:45-9:50	Transition	Transition	Transition	Transition	Transition
9:50-10:25	Playground	Explorations	WOW Events	Drama	Soccer
10:25-10:30	Snack	Snack	Snack	Snack	Snack
10:30-11:05	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons
11:05-11:10	Transition	Transition	Transition	Transition	Transition
11:10-11:45	Drama	Sports	Golf	Tennis	Sensory Play
11:45-11:50	Transition	Transition	Transition	Transition	Transition
11:50-12:05	Lunch	Lunch	Lunch	Lunch	Lunch
12:05-12:20	Power-Up Break	Power-Up Break	Power-Up Break	Power-Up Break	Power-Up Break
12:25-12:30	Transition	Transition	Transition	Transition	Transition
12:30-1:05	Strength & Agility	Arts & Crafts	Arts & Crafts	Boats	Playground
1:05-1:10	Transition	Transition	Transition	Transition	Transition
1:10-1:45	Soccer	Music	Drama	Boats	Golf
1:45-1:50	Snack	Snack	Snack	Snack	Transition
1:50-2:25	Gymnastics	Tennis	Sports	Explorations	Ice Cream Party
2:25-2:30	Transition	Transition	Transition	Transition	Transition
2:30-3:05	Free Swim	Free Swim	Free Swim	Free Swim	Free Swim
3:05-3:10	Transition	Transition	Transition	Transition	Transition
3:10-3:45	Sensory Play	Sensory Play	Sensory Play	Sensory Play	Sensory Play
3:45-3:50	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting

Session 1 Weel	k 2 July 1- July 3				
	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:10	Morning Meeting	Morning Meeting	Morning Meeting		
9:10-9:45	Arts & Crafts	Boats	Sensory Play		
9:45-9:50	Transition	Transition	Transition		
9:50-10:25	Music	Boats	Tennis		
10:25-10:30	Snack	Snack	Snack		
10:30-11:05	Swim Lessons	Swim Lessons	Swim Lessons		
11:05-11:10	Transition	Transition	Transition		
11:10-11:45	Tennis	Playground	Playground		
11:45-11:50	Transition	Transition	Transition		
11:50-12:05	Lunch	Lunch	Lunch		
12:05-12:20	Power-Up Break	Power-Up Break	Power-Up Break		
12:25-12:30	Transition	Transition	Transition		
12:30-1:05	Strength & Agility	Drama	Gymnastics		
1:05-1:10	Transition	Transition	Transition		
1:10-1:45	Playground	Sensory Play	Arts & Crafts		
1:45-1:50	Snack	Snack	Snack		
1:50-2:25	Sports	Golf	Music		
2:25-2:30	Transition	Transition	Transition		
2:30-3:05	Free Swim	Free Swim	Free Swim		
3:05-3:10	Transition	Transition	Transition		
3:10-3:45	Sensory Play	Sensory Play	Sensory Play		
3:45-3:50	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting		

## Glossary

**Afternoon Meeting-** A time for the group to reflect on the day and to look ahead to tomorrow while also reinforcing key concepts and maintaining a positive camp environment.

**Meet & Greet-** A time is used to decorate name tags and play ice-breaker games in a way to help build a sense of camp community. This is our way of making sure each child feels welcome on the first day of a new session.

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Sensory Play- A time that gives campers an opportunity for choice and voice. Selecting from a variety of activities and materials in their classroom, campers get to socialize, use their imagination, and play in a supervised environment.

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9:45-9:50	Transition	Transition	Transition	Transition	Transition
9:50-10:25	Explorations	Gymnastics	WOW Events	Boats	Music
10:25-10:30	Snack	Snack	Snack	Snack	Snack
10:30-11:05	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons
11:05-11:10	Transition	Transition	Transition	Transition	Transition
11:10-11:45	Soccer	Golf	Sports	Explorations	Strength & Agility
11:45-11:50	Transition	Transition	Transition	Transition	Transition
11:50-12:05	Lunch	Lunch	Lunch	Lunch	Lunch
12:05-12:20	Power-Up Break	Power-Up Break	Power-Up Break	Power-Up Break	Power-Up Break
12:25-12:30	Transition	Transition	Transition	Transition	Transition
12:30-1:05	Arts & Crafts	Music	Golf	Sensory Play	Sensory Play
1:05-1:10	Transition	Transition	Transition	Transition	Transition
1:10-1:45	Strength & Agility	Drama	Strength & Agility	Soccer	Playground
1:45-1:50	Snack	Snack	Snack	Snack	Transition
1:50-2:25	Tennis	Sports	Playground	Gymnastics	Ice Cream Party
2:25-2:30	Transition	Transition	Transition	Transition	Transition
2:30-3:05	Free Swim	Free Swim	Free Swim	Free Swim	Free Swim
3:05-3:10	Transition	Transition	Transition	Transition	Transition
3:10-3:45	Sensory Play	Sensory Play	Sensory Play	Sensory Play	Sensory Play
3:45-3:50	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting

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	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:10	Morning Meeting	Morning Meeting	Morning Meeting		
9:10-9:45	Drama	Sensory Play	Gymnastics		
9:45-9:50	Transition	Transition	Transition		
9:50-10:25	Arts & Crafts	Music	Playground		
10:25-10:30	Snack	Snack	Snack		
10:30-11:05	Swim Lessons	Swim Lessons	Swim Lessons		
11:05-11:10	Transition	Transition	Transition		
11:10-11:45	Playground	Soccer	Golf		
11:45-11:50	Transition	Transition	Transition		
11:50-12:05	Lunch	Lunch	Lunch		
12:05-12:20	Power-Up Break	Power-Up Break	Power-Up Break		
12:25-12:30	Transition	Transition	Transition		
12:30-1:05	Explorations	Boats	Arts & Crafts		
1:05-1:10	Transition	Transition	Transition		
1:10-1:45	Strength & Agility	Boats	Drama		
1:45-1:50	Snack	Snack	Snack		
1:50-2:25	Tennis	Playground	Sports		
2:25-2:30	Transition	Transition	Transition		
2:30-3:05	Free Swim	Free Swim	Free Swim		
3:05-3:10	Transition	Transition	Transition		
3:10-3:45	Sensory Play	Sensory Play	Sensory Play		
3:45-3:50	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting		

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9:45-9:50	Transition	Transition	Transition	Transition	Transition
9:50-10:25	Drama	Soccer	WOW Events	Golf	Boats
10:25-10:30	Snack	Snack	Snack	Snack	Snack
10:30-11:05	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons
11:05-11:10	Transition	Transition	Transition	Transition	Transition
11:10-11:45	Golf	Tennis	Soccer	Sports	Sensory Play
11:45-11:50	Transition	Transition	Transition	Transition	Transition
11:50-12:05	Lunch	Lunch	Lunch	Lunch	Lunch
12:05-12:20	Power-Up Break	Power-Up Break	Power-Up Break	Power-Up Break	Power-Up Break
12:25-12:30	Transition	Transition	Transition	Transition	Transition
12:30-1:05	Music	Explorations	Sensory Play	Arts & Crafts	Drama
1:05-1:10	Transition	Transition	Transition	Transition	Transition
1:10-1:45	Arts & Crafts	Arts & Crafts	Tennis	Music	Explorations
1:45-1:50	Snack	Snack	Snack	Snack	Transition
1:50-2:25	Playground	Playground	Strength & Agility	Soccer	Ice Cream Party
2:25-2:30	Transition	Transition	Transition	Transition	Transition
2:30-3:05	Free Swim	Free Swim	Free Swim	Free Swim	Free Swim
3:05-3:10	Transition	Transition	Transition	Transition	Transition
3:10-3:45	Sensory Play	Sensory Play	Sensory Play	Sensory Play	Sensory Play
3:45-3:50	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting

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9:00-9:10	Morning Meeting	Morning Meeting	Morning Meeting		
9:10-9:45	Explorations	Arts & Crafts	Music		
9:45-9:50	Transition	Transition	Transition		
9:50-10:25	Playground	Drama	Soccer		
10:25-10:30	Snack	Snack	Snack		
10:30-11:05	Swim Lessons	Swim Lessons	Swim Lessons		
11:05-11:10	Transition	Transition	Transition		
11:10-11:45	Sensory Play	Strength & Agility	Tennis		
11:45-11:50	Transition	Transition	Transition		
11:50-12:05	Lunch	Lunch	Lunch		
12:05-12:20	Power-Up Break	Power-Up Break	Power-Up Break		
12:25-12:30	Transition	Transition	Transition		
12:30-1:05	Boats	Playground	Strength & Agility		
1:05-1:10	Transition	Transition	Transition		
1:10-1:45	Boats	Gymnastics	Playground		
1:45-1:50	Snack	Snack	Snack		
1:50-2:25	Soccer	Sports	Golf		
2:25-2:30	Transition	Transition	Transition		
2:30-3:05	Free Swim	Free Swim	Free Swim		
3:05-3:10	Transition	Transition	Transition		
3:10-3:45	Sensory Play	Sensory Play	Sensory Play		
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Session II July 8-July 19, 2024

# Group 1B

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:10	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting
9:10-9:45	Meet & Greet	Group Photo	Drama	Music	Gymnastics
9:45-9:50	Transition	Transition	Transition	Transition	Transition
9:50-10:25	Playground	Explorations	Arts & Crafts	Sensory Play	Soccer
10:25-10:30	Snack	Snack	Snack	Snack	Snack
10:30-11:05	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons
11:05-11:10	Transition	Transition	Transition	Transition	Transition
11:10-11:45	Drama	Sports	Golf	Tennis	Sensory Play
11:45-11:50	Transition	Transition	Transition	Transition	Transition
11:50-12:05	Lunch	Lunch	Lunch	Lunch	Lunch
12:05-12:20	Power-Up Break	Power-Up Break	Power-Up Break	Power-Up Break	Power-Up Break
12:25-12:30	Transition	Transition	Transition	Transition	Transition
12:30-1:05	Strength & Agility	Arts & Crafts	WOW Events	Boats	Playground
1:05-1:10	Transition	Transition	Transition	Transition	Transition
1:10-1:45	Soccer	Music	Strength & Agility	Boats	Golf
1:45-1:50	Snack	Snack	Snack	Snack	Transition
1:50-2:25	Gymnastics	Tennis	Sports	Explorations	Ice Cream Party
2:25-2:30	Transition	Transition	Transition	Transition	Transition
2:30-3:05	Free Swim	Free Swim	Free Swim	Free Swim	Free Swim
3:05-3:10	Transition	Transition	Transition	Transition	Transition
3:10-3:45	Sensory Play	Sensory Play	Sensory Play	Sensory Play	Sensory Play
3:45-3:50	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting

Session 2 Wee	k 2 July 15-July 19				
	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:10	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting
9:10-9:45	Drama	Music	WOW Events	Arts & Crafts	Sports
9:45-9:50	Transition	Transition	Transition	Transition	Transition
9:50-10:25	Arts & Crafts	Playground	WOW Events	Explorations	Gymnastics
10:25-10:30	Snack	Snack	Snack	Snack	Snack
10:30-11:05	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons
11:05-11:10	Transition	Transition	Transition	Transition	Transition
11:10-11:45	Playground	Sports	Tennis	Soccer	Golf
11:45-11:50	Transition	Transition	Transition	Transition	Transition
11:50-12:05	Lunch	Lunch	Lunch	Lunch	Lunch
12:05-12:20	Power-Up Break	Power-Up Break	Power-Up Break	Power-Up Break	Power-Up Break
12:25-12:30	Transition	Transition	Transition	Transition	Transition
12:30-1:05	Strength & Agility	Gymnastics	Music	Boats	Drama
1:05-1:10	Transition	Transition	Transition	Transition	Transition
1:10-1:45	Gymnastics	Golf	Explorations	Boats	Tennis
1:45-1:50	Snack	Snack	Snack	Snack	Snack
1:50-2:25	Soccer	Sensory Play	Playground	Sensory Play	Strength & Agility
2:25-2:30	Transition	Transition	Transition	Transition	Transition
2:30-3:05	Free Swim	Free Swim	Free Swim	Free Swim	Free Swim
3:05-3:10	Transition	Transition	Transition	Transition	Transition
3:10-3:45	Sensory Play	Sensory Play	Sensory Play	Sensory Play	Sensory Play
3:45-3:50	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting

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### Group 1C

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:10	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting
9:10-9:45	Meet & Greet	Group Photo	Music	Drama	Arts & Crafts
9:45-9:50	Transition	Transition	Transition	Transition	Transition
9:50-10:25	Explorations	Gymnastics	Sensory Play	Playground	Explorations
10:25-10:30	Snack	Snack	Snack	Snack	Snack
10:30-11:05	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons
11:05-11:10	Transition	Transition	Transition	Transition	Transition
11:10-11:45	Soccer	Golf	Tennis	Sports	Soccer
11:45-11:50	Transition	Transition	Transition	Transition	Transition
11:50-12:05	Lunch	Lunch	Lunch	Lunch	Lunch
12:05-12:20	Power-Up Break	Power-Up Break	Power-Up Break	Power-Up Break	Power-Up Break
12:25-12:30	Transition	Transition	Transition	Transition	Transition
12:30-1:05	Arts & Crafts	Boats	WOW Events	Music	Sensory Play
1:05-1:10	Transition	Transition	Transition	Transition	Transition
1:10-1:45	Strength & Agility	Boats	Playground	Golf	Drama
1:45-1:50	Snack	Snack	Snack	Snack	Transition
1:50-2:25	Tennis	Sports	Strength & Agility	Gymnastics	Ice Cream Party
2:25-2:30	Transition	Transition	Transition	Transition	Transition
2:30-3:05	Free Swim	Free Swim	Free Swim	Free Swim	Free Swim
3:05-3:10	Transition	Transition	Transition	Transition	Transition
3:10-3:45	Sensory Play	Sensory Play	Sensory Play	Sensory Play	Sensory Play
3:45-3:50	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting

Session 2 Wee	k 2 July 15-July 19				
	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:10	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting
9:10-9:45	Sensory Play	Arts & Crafts	WOW Events	Explorations	Music
9:45-9:50	Transition	Transition	Transition	Transition	Transition
9:50-10:25	Gymnastics	Music	WOW Events	Arts & Crafts	Explorations
10:25-10:30	Snack	Snack	Snack	Snack	Snack
10:30-11:05	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons
11:05-11:10	Transition	Transition	Transition	Transition	Transition
11:10-11:45	Soccer	Sensory Play	Sports	Tennis	Strength & Agility
11:45-11:50	Transition	Transition	Transition	Transition	Transition
11:50-12:05	Lunch	Lunch	Lunch	Lunch	Lunch
12:05-12:20	Power-Up Break	Power-Up Break	Power-Up Break	Power-Up Break	Power-Up Break
12:25-12:30	Transition	Transition	Transition	Transition	Transition
12:30-1:05	Drama	Boats	Playground	Golf	Gymnastics
1:05-1:10	Transition	Transition	Transition	Transition	Transition
1:10-1:45	Tennis	Boats	Strength & Agility	Soccer	Sports
1:45-1:50	Snack	Snack	Snack	Snack	Snack
1:50-2:25	Strength & Agility	Drama	Golf	Playground	Golf
2:25-2:30	Transition	Transition	Transition	Transition	Transition
2:30-3:05	Free Swim	Free Swim	Free Swim	Free Swim	Free Swim
3:05-3:10	Transition	Transition	Transition	Transition	Transition
3:10-3:45	Sensory Play	Sensory Play	Sensory Play	Sensory Play	Sensory Play
3:45-3:50	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting

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### Group 1D

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9:00-9:10	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting
9:10-9:45	Meet & Greet	Group Photo	Explorations	Arts & Crafts	Boats
9:45-9:50	Transition	Transition	Transition	Transition	Transition
9:50-10:25	Drama	Playground	Music	Sensory Play	Boats
10:25-10:30	Snack	Snack	Snack	Snack	Snack
10:30-11:05	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons
11:05-11:10	Transition	Transition	Transition	Transition	Transition
11:10-11:45	Golf	Tennis	Soccer	Golf	Sports
11:45-11:50	Transition	Transition	Transition	Transition	Transition
11:50-12:05	Lunch	Lunch	Lunch	Lunch	Lunch
12:05-12:20	Power-Up Break	Power-Up Break	Power-Up Break	Power-Up Break	Power-Up Break
12:25-12:30	Transition	Transition	Transition	Transition	Transition
12:30-1:05	Music	Explorations	WOW Events	Gymnastics	Drama
1:05-1:10	Transition	Transition	Transition	Transition	Transition
1:10-1:45	Playground	Arts & Crafts	Sensory Play	Strength & Agility	Strength & Agility
1:45-1:50	Snack	Snack	Snack	Snack	Transition
1:50-2:25	Soccer	Gymnastics	Tennis	Sports	Ice Cream Party
2:25-2:30	Transition	Transition	Transition	Transition	Transition
2:30-3:05	Free Swim	Free Swim	Free Swim	Free Swim	Free Swim
3:05-3:10	Transition	Transition	Transition	Transition	Transition
3:10-3:45	Sensory Play	Sensory Play	Sensory Play	Sensory Play	Sensory Play
3:45-3:50	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting

Session 2 Wee	k 2 July 15-July 19				
	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:10	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting
9:10-9:45	Arts & Crafts	Drama	WOW Events	Music	Boats
9:45-9:50	Transition	Transition	Transition	Transition	Transition
9:50-10:25	Music	Explorations	WOW Events	Drama	Boats
10:25-10:30	Snack	Snack	Snack	Snack	Snack
10:30-11:05	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons
11:05-11:10	Transition	Transition	Transition	Transition	Transition
11:10-11:45	Tennis	Soccer	Golf	Sensory Play	Sports
11:45-11:50	Transition	Transition	Transition	Transition	Transition
11:50-12:05	Lunch	Lunch	Lunch	Lunch	Lunch
12:05-12:20	Power-Up Break	Power-Up Break	Power-Up Break	Power-Up Break	Power-Up Break
12:25-12:30	Transition	Transition	Transition	Transition	Transition
12:30-1:05	Gymnastics	Sensory Play	Arts & Crafts	Gymnastics	Strength & Agility
1:05-1:10	Transition	Transition	Transition	Transition	Transition
1:10-1:45	Sports	Strength & Agility	Tennis	Playground	Golf
1:45-1:50	Snack	Snack	Snack	Snack	Snack
1:50-2:25	Explorations	Playground	Soccer	Soccer	Tennis
2:25-2:30	Transition	Transition	Transition	Transition	Transition
2:30-3:05	Free Swim	Free Swim	Free Swim	Free Swim	Free Swim
3:05-3:10	Transition	Transition	Transition	Transition	Transition
3:10-3:45	Sensory Play	Sensory Play	Sensory Play	Sensory Play	Sensory Play
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Sensory Play- A time that gives campers an opportunity for choice and voice. Selecting from a variety of activities and materials in their classroom, campers get to socialize, use their imagination, and play in a supervised environment.



Session III July 22-August 2, 2024

### Group 1B

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:10	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting
9:10-9:45	Meet & Greet	Group Photo	Tennis	Boats	Explorations
9:45-9:50	Transition	Transition	Transition	Transition	Transition
9:50-10:25	Gymnastics	Soccer	Swim Lessons	Boats	Sports
10:25-10:30	Snack	Snack	Snack	Snack	Snack
10:30-11:05	Swim Lessons	Swim Lessons	WOW Events	Swim Lessons	Swim Lessons
11:05-11:10	Transition	Transition	Transition	Transition	Transition
11:10-11:45	Playground	Sports	WOW Events	Sensory Play	Soccer
11:45-11:50	Transition	Transition	Transition	Transition	Transition
11:50-12:05	Lunch	Lunch	Lunch	Lunch	Lunch
12:05-12:20	Power-Up Break	Power-Up Break	Power-Up Break	Power-Up Break	Power-Up Break
12:25-12:30	Transition	Transition	Transition	Transition	Transition
12:30-1:05	Arts & Crafts	Drama	Music	Drama	Sensory Play
1:05-1:10	Transition	Transition	Transition	Transition	Transition
1:10-1:45	Music	Explorations	Playground	Arts & Crafts	Tennis
1:45-1:50	Snack	Snack	Snack	Snack	Transition
1:50-2:25	Strength & Agility	Gymnastics	Golf	Strength & Agility	Ice Cream Party
2:25-2:30	Transition	Transition	Transition	Transition	Transition
2:30-3:05	Free Swim	Free Swim	Free Swim	Free Swim	Free Swim
3:05-3:10	Transition	Transition	Transition	Transition	Transition
3:10-3:45	Sensory Play	Sensory Play	Sensory Play	Sensory Play	Sensory Play
3:45-3:50	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting

Session 3 Week 2 July	y 29-August 2
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	t = cuty =c / tuguet =				
	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:10	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting
9:10-9:45	Tennis	Golf	Strength & Agility	Explorations	Gymnastics
9:45-9:50	Transition	Transition	Transition	Transition	Transition
9:50-10:25	Gymnastics	Strength & Agility	Golf	Drama	Tennis
10:25-10:30	Snack	Snack	Snack	Snack	Snack
10:30-11:05	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons
11:05-11:10	Transition	Transition	Transition	Transition	Transition
11:10-11:45	Sports	Tennis	Playground	Soccer	Playground
11:45-11:50	Transition	Transition	Transition	Transition	Transition
11:50-12:05	Lunch	Lunch	Lunch	Lunch	Lunch
12:05-12:20	Power-Up Break	Power-Up Break	Power-Up Break	Power-Up Break	Power-Up Break
12:25-12:30	Transition	Transition	Transition	Transition	Transition
12:30-1:05	Arts & Crafts	Explorations	Music	Boats	Strength & Agility
1:05-1:10	Transition	Transition	Transition	Transition	Transition
1:10-1:45	Drama	Music	Arts & Crafts	Boats	Explorations
1:45-1:50	Snack	Snack	Snack	Snack	Snack
1:50-2:25	Soccer	Sensory Play	Sports	Sensory Play	Drama
2:25-2:30	Transition	Transition	Transition	Transition	Transition
2:30-3:05	Free Swim	Free Swim	Free Swim	Free Swim	Free Swim
3:05-3:10	Transition	Transition	Transition	Transition	Transition
3:10-3:45	Sensory Play	Sensory Play	Sensory Play	Sensory Play	Sensory Play
3:45-3:50	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting

## Glossary

**Afternoon Meeting-** A time for the group to reflect on the day and to look ahead to tomorrow while also reinforcing key concepts and maintaining a positive camp environment.

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### Group 1C

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:10	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting
9:10-9:45	Meet & Greet	Group Photo	Strength & Agility	Sensory Play	Tennis
9:45-9:50	Transition	Transition	Transition	Transition	Transition
9:50-10:25	Soccer	Gymnastics	Swim Lessons	Sports	Golf
10:25-10:30	Snack	Snack	Snack	Snack	Snack
10:30-11:05	Swim Lessons	Swim Lessons	WOW Events	Swim Lessons	Swim Lessons
11:05-11:10	Transition	Transition	Transition	Transition	Transition
11:10-11:45	Drama	Soccer	WOW Events	Playground	Sports
11:45-11:50	Transition	Transition	Transition	Transition	Transition
11:50-12:05	Lunch	Lunch	Lunch	Lunch	Lunch
12:05-12:20	Power-Up Break	Power-Up Break	Power-Up Break	Power-Up Break	Power-Up Break
12:25-12:30	Transition	Transition	Transition	Transition	Transition
12:30-1:05	Music	Boats	Arts & Crafts	Music	Sensory Play
1:05-1:10	Transition	Transition	Transition	Transition	Transition
1:10-1:45	Arts & Crafts	Boats	Drama	Explorations	Explorations
1:45-1:50	Snack	Snack	Snack	Snack	Transition
1:50-2:25	Tennis	Playground		Gymnastics	Strength & Agility
2:25-2:30	Transition	Transition	Transition	Transition	Transition
2:30-3:05	Free Swim	Free Swim	Free Swim	Free Swim	Free Swim
3:05-3:10	Transition	Transition	Transition	Transition	Transition
3:10-3:45	Sensory Play	Sensory Play	Sensory Play	Sensory Play	Sensory Play
3:45-3:50	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting

Session 3 Week 2 July 29-August	
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	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:10	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting
9:10-9:45	Explorations	Gymnastics	Golf	Soccer	Golf
9:45-9:50	Transition	Transition	Transition	Transition	Transition
9:50-10:25	Playground	Sports	Strength & Agility	Tennis	Gymnastics
10:25-10:30	Snack	Snack	Snack	Snack	Snack
10:30-11:05	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons
11:05-11:10	Transition	Transition	Transition	Transition	Transition
11:10-11:45	Soccer	Sensory Play	Sports	Sports	Strength & Agility
11:45-11:50	Transition	Transition	Transition	Transition	Transition
11:50-12:05	Lunch	Lunch	Lunch	Lunch	Lunch
12:05-12:20	Power-Up Break	Power-Up Break	Power-Up Break	Power-Up Break	Power-Up Break
12:25-12:30	Transition	Transition	Transition	Transition	Transition
12:30-1:05	Drama	Boats	Arts & Crafts	Explorations	Explorations
1:05-1:10	Transition	Transition	Transition	Transition	Transition
1:10-1:45	Arts & Crafts	Boats	Music	Drama	Music
1:45-1:50	Snack	Snack	Snack	Snack	Snack
1:50-2:25	Tennis	Drama	Soccer	Sensory Play	Sports
2:25-2:30	Transition	Transition	Transition	Transition	Transition
2:30-3:05	Free Swim	Free Swim	Free Swim	Free Swim	Free Swim
3:05-3:10	Transition	Transition	Transition	Transition	Transition
3:10-3:45	Sensory Play	Sensory Play	Sensory Play	Sensory Play	Sensory Play
3:45-3:50	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting

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### Group 1D

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:10	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting
9:10-9:45	Meet & Greet	Group Photo	Soccer	Tennis	Strength & Agility
9:45-9:50	Transition	Transition	Transition	Transition	Transition
9:50-10:25	Strength & Agility	Sports	Swim Lessons	Gymnastics	Soccer
10:25-10:30	Snack	Snack	Snack	Snack	Snack
10:30-11:05	Swim Lessons	Swim Lessons	WOW Events	Swim Lessons	Swim Lessons
11:05-11:10	Transition	Transition	Transition	Transition	Transition
11:10-11:45	Tennis	Drama	WOW Events	Sports	Playground
11:45-11:50	Transition	Transition	Transition	Transition	Transition
11:50-12:05	Lunch	Lunch	Lunch	Lunch	Lunch
12:05-12:20	Power-Up Break	Power-Up Break	Power-Up Break	Power-Up Break	Power-Up Break
12:25-12:30	Transition	Transition	Transition	Transition	Transition
12:30-1:05	Drama	Arts & Crafts	Boats	Sensory Play	Sensory Play
1:05-1:10	Transition	Transition	Transition	Transition	Transition
1:10-1:45	Explorations	Music	Boats	Music	Arts & Crafts
1:45-1:50	Snack	Snack	Snack	Snack	Transition
1:50-2:25	Gymnastics	Explorations	Playground	Golf	Ice Cream Party
2:25-2:30	Transition	Transition	Transition	Transition	Transition
2:30-3:05	Free Swim	Free Swim	Free Swim	Free Swim	Free Swim
3:05-3:10	Transition	Transition	Transition	Transition	Transition
3:10-3:45	Sensory Play	Sensory Play	Sensory Play	Sensory Play	Sensory Play
3:45-3:50	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting

Section	3 Week 2	July 20 /	Amount 2

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	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:10	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting
9:10-9:45	Golf	Sports	Explorations	Tennis	Boats
9:45-9:50	Transition	Transition	Transition	Transition	Transition
9:50-10:25	Strength & Agility	Playground	Music	Gymnastics	Boats
10:25-10:30	Snack	Snack	Snack	Snack	Snack
10:30-11:05	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons
11:05-11:10	Transition	Transition	Transition	Transition	Transition
11:10-11:45	Tennis	Soccer	Strength & Agility	Golf	Tennis
11:45-11:50	Transition	Transition	Transition	Transition	Transition
11:50-12:05	Lunch	Lunch	Lunch	Lunch	Lunch
12:05-12:20	Power-Up Break	Power-Up Break	Power-Up Break	Power-Up Break	Power-Up Break
12:25-12:30	Transition	Transition	Transition	Transition	Transition
12:30-1:05	Explorations	Arts & Crafts	Golf	Sports	Music
1:05-1:10	Transition	Transition	Transition	Transition	Transition
1:10-1:45	Music	Drama	Playground	Sensory Play	Arts & Crafts
1:45-1:50	Snack	Snack	Snack	Snack	Snack
1:50-2:25	Sports	Sensory Play	Gymnastics	Drama	Soccer
2:25-2:30	Transition	Transition	Transition	Transition	Transition
2:30-3:05	Free Swim	Free Swim	Free Swim	Free Swim	Free Swim
3:05-3:10	Transition	Transition	Transition	Transition	Transition
3:10-3:45	Sensory Play	Sensory Play	Sensory Play	Sensory Play	Sensory Play
3:45-3:50	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting

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Session IV August 5-August 16, 2024

### Group 1B

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:10	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting
9:10-9:45	Meet & Greet	Group Photo	Gymnastics	Boats	Strength & Agility
9:45-9:50	Transition	Transition	Transition	Transition	Transition
9:50-10:25	Sports	Tennis	Soccer	Boats	Gymnastics
10:25-10:30	Snack	Snack	Snack	Snack	Snack
10:30-11:05	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons
11:05-11:10	Transition	Transition	Transition	Transition	Transition
11:10-11:45	Golf	Playground	Strength & Agility	Drama	Music
11:45-11:50	Transition	Transition	Transition	Transition	Transition
11:50-12:05	Lunch	Lunch	Lunch	Lunch	Lunch
12:05-12:20	Power-Up Break	Power-Up Break	Power-Up Break	Power-Up Break	Power-Up Break
12:25-12:30	Transition	Transition	Transition	Transition	Transition
12:30-1:05	Arts & Crafts	Explorations	WOW Events	Playground	Talent Show Prep
1:05-1:10	Transition	Transition	Transition	Transition	Transition
1:10-1:45	Music	Drama	WOW Events	Tennis	Explorations
1:45-1:50	Snack	Snack	Snack	Snack	Transition
1:50-2:25	Soccer	Golf	Sports	Arts & Crafts	Ice Cream Party
2:25-2:30	Transition	Transition	Transition	Transition	Transition
2:30-3:05	Free Swim	Free Swim	Free Swim	Free Swim	Free Swim
3:05-3:10	Transition	Transition	Transition	Transition	Transition
3:10-3:45	Sensory Play	Sensory Play	Sensory Play	Sensory Play	Sensory Play
3:45-3:50	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting

Cassian	4 Week 2 August 12-Augu	

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:10	Morning Meeting				
9:10-9:45	Explorations	Sports	WOW Events	Music	Golf
9:45-9:50	Transition	Transition	Transition	Transition	Transition
9:50-10:25	Soccer	Gymnastics	WOW Events	Gymnastics	Strength & Agility
10:25-10:30	Snack	Snack	Snack	Snack	Snack
10:30-11:05	Swim Lessons	Swim Lessons	WOW Events	Swim Lessons	Swim Lessons
11:05-11:10	Transition	Transition	Transition	Transition	Transition
11:10-11:45	Golf	Drama	WOW Events	Sports	Tennis
11:45-11:50	Transition	Transition	Transition	Transition	
11:50-12:05	Lunch	Lunch	Lunch	Lunch	
12:05-12:20	Power-Up Break	Power-Up Break	Power-Up Break	Power-Up Break	
12:25-12:30	Transition	Transition	Transition	Transition	
12:30-1:05	Talent Show Prep	Explorations	Tennis	Boats	
1:05-1:10	Transition	Transition	Transition	Transition	
1:10-1:45	Arts & Crafts	Music	Playground	Boats	
1:45-1:50	Snack	Snack	Snack	Snack	
1:50-2:25	Drama	Talent Show Prep	Gymnastics	Arts & Crafts	
2:25-2:30	Transition	Transition	Transition	Transition	
2:30-3:05	Free Swim	Free Swim	Free Swim	Free Swim	
3:05-3:10	Transition	Transition	Transition	Transition	
3:10-3:45	Sensory Play	Sensory Play	Sensory Play	Sensory Play	
3:45-3:50	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting	

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### Group 1C

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:10	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting
9:10-9:45	Meet & Greet	Group Photo	Explorations	Gymnastics	Soccer
9:45-9:50	Transition	Transition	Transition	Transition	Transition
9:50-10:25	Music	Strength & Agility	Drama	Golf	Playground
10:25-10:30	Snack	Snack	Snack	Snack	Snack
10:30-11:05	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons
11:05-11:10	Transition	Transition	Transition	Transition	Transition
11:10-11:45	Playground	Tennis	Sensory Play	Strength & Agility	Golf
11:45-11:50	Transition	Transition	Transition	Transition	Transition
11:50-12:05	Lunch	Lunch	Lunch	Lunch	Lunch
12:05-12:20	Power-Up Break	Power-Up Break	Power-Up Break	Power-Up Break	Power-Up Break
12:25-12:30	Transition	Transition	Transition	Transition	Transition
12:30-1:05	Tennis	Boats	WOW Events	Arts & Crafts	Talent Show Prep
1:05-1:10	Transition	Transition	Transition	Transition	Transition
1:10-1:45	Explorations	Boats	WOW Events	Music	Drama
1:45-1:50	Snack	Snack	Snack	Snack	Transition
1:50-2:25	Gymnastics	Arts & Crafts	Soccer	Sports	Ice Cream Party
2:25-2:30	Transition	Transition	Transition	Transition	Transition
2:30-3:05	Free Swim	Free Swim	Free Swim	Free Swim	Free Swim
3:05-3:10	Transition	Transition	Transition	Transition	Transition
3:10-3:45	Sensory Play	Sensory Play	Sensory Play	Sensory Play	Sensory Play
3:45-3:50	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting

Session 4 Week 2 August 12-August 16
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	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:10	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting
9:10-9:45	Sports	Golf	WOW Events	Boats	Sports
9:45-9:50	Transition	Transition	Transition	Transition	Transition
9:50-10:25	Gymnastics	Playground	WOW Events	Boats	Playground
10:25-10:30	Snack	Snack	Snack	Snack	Snack
10:30-11:05	Swim Lessons	Swim Lessons	WOW Events	Swim Lessons	Swim Lessons
11:05-11:10	Transition	Transition	Transition	Transition	Transition
11:10-11:45	Soccer	Tennis	WOW Events	Music	Strength & Agility
11:45-11:50	Transition	Transition	Transition	Transition	
11:50-12:05	Lunch	Lunch	Lunch	Lunch	
12:05-12:20	Power-Up Break	Power-Up Break	Power-Up Break	Power-Up Break	
12:25-12:30	Transition	Transition	Transition	Transition	
12:30-1:05	Tennis	Drama	Explorations	Gymnastics	
1:05-1:10	Transition	Transition	Transition	Transition	
1:10-1:45	Explorations	Arts & Crafts	Music	Strength & Agility	
1:45-1:50	Snack	Snack	Snack	Snack	
1:50-2:25	Talent Show Prep	Talent Show Prep	Arts & Crafts	Drama	
2:25-2:30	Transition	Transition	Transition	Transition	
2:30-3:05	Free Swim	Free Swim	Free Swim	Free Swim	
3:05-3:10	Transition	Transition	Transition	Transition	
3:10-3:45	Sensory Play	Sensory Play	Sensory Play	Sensory Play	
3:45-3:50	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting	

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### Group 1D

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:10	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting
9:10-9:45	Meet & Greet	Group Photo	Boats	Strength & Agility	Gymnastics
9:45-9:50	Transition	Transition	Transition	Transition	Transition
9:50-10:25	Tennis	Sports	Boats	Arts & Crafts	Soccer
10:25-10:30	Snack	Snack	Snack	Snack	Snack
10:30-11:05	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons
11:05-11:10	Transition	Transition	Transition	Transition	Transition
11:10-11:45	Music	Strength & Agility	Playground	Playground	Drama
11:45-11:50	Transition	Transition	Transition	Transition	Transition
11:50-12:05	Lunch	Lunch	Lunch	Lunch	Lunch
12:05-12:20	Power-Up Break	Power-Up Break	Power-Up Break	Power-Up Break	Power-Up Break
12:25-12:30	Transition	Transition	Transition	Transition	Transition
12:30-1:05	Explorations	Arts & Crafts	WOW Events	Tennis	Talent Show Prep
1:05-1:10	Transition	Transition	Transition	Transition	Transition
1:10-1:45	Drama	Music	WOW Events	Explorations	Golf
1:45-1:50	Snack	Snack	Snack	Snack	Transition
1:50-2:25	Sports	Soccer	Gymnastics	Golf	Ice Cream Party
2:25-2:30	Transition	Transition	Transition	Transition	Transition
2:30-3:05	Free Swim	Free Swim	Free Swim	Free Swim	Free Swim
3:05-3:10	Transition	Transition	Transition	Transition	Transition
3:10-3:45	Sensory Play	Sensory Play	Sensory Play	Sensory Play	Sensory Play
3:45-3:50	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting

Session 4 Week 2 Augu	ust 12-August 16
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	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:10	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting	Morning Meeting
9:10-9:45	Boats	Gymnastics	WOW Events	Explorations	Tennis
9:45-9:50	Transition	Transition	Transition	Transition	Transition
9:50-10:25	Boats	Sports	WOW Events	Sports	Golf
10:25-10:30	Snack	Snack	Snack	Snack	Snack
10:30-11:05	Swim Lessons	Swim Lessons	WOW Events	Swim Lessons	Swim Lessons
11:05-11:10	Transition	Transition	Transition	Transition	Transition
11:10-11:45	Tennis	Soccer	WOW Events	Strength & Agility	Playground
11:45-11:50	Transition	Transition	Transition	Transition	
11:50-12:05	Lunch	Lunch	Lunch	Lunch	
12:05-12:20	Power-Up Break	Power-Up Break	Power-Up Break	Power-Up Break	
12:25-12:30	Transition	Transition	Transition	Transition	
12:30-1:05	Talent Show Prep	Music	Gymnastics	Drama	
1:05-1:10	Transition	Transition	Transition	Transition	
1:10-1:45	Music	Explorations	Arts & Crafts	Music	
1:45-1:50	Snack	Snack	Snack	Snack	
1:50-2:25	Arts & Crafts	Talent Show Prep	Drama	Tennis	
2:25-2:30	Transition	Transition	Transition	Transition	
2:30-3:05	Free Swim	Free Swim	Free Swim	Free Swim	
3:05-3:10	Transition	Transition	Transition	Transition	
3:10-3:45	Sensory Play	Sensory Play	Sensory Play	Sensory Play	
3:45-3:50	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting	Afternoon Meeting	

## Glossary

**Afternoon Meeting-** A time for the group to reflect on the day and to look ahead to tomorrow while also reinforcing key concepts and maintaining a positive camp environment.

**Meet & Greet-** A time is used to decorate name tags and play ice-breaker games in a way to help build a sense of camp community. This is our way of making sure each child feels welcome on the first day of a new session.

**Morning Meeting-** A time for the group to meet, greet one another, share updates, and review the rules and the day's schedule. Its primary purpose is to foster a sense of camp community, build positive relationships among campers, and set a positive tone for the day.

**Power-Up Break**- A valuable time within the camp day, allowing campers to take a breather from the routine, socialize with their peers, and return to their activities with renewed enthusiasm and energy. These breaks are often used to re-apply sunscreen, refill water bottles, and revisit how the day has progressed.

Sensory Play- A time that gives campers an opportunity for choice and voice. Selecting from a variety of activities and materials in their classroom, campers get to socialize, use their imagination, and play in a supervised environment.