# MENU

WEEK 2: JUNE 30-JULY 2, 2025

## Everyday:

- Sun Butter and Jelly on hearty wheat: Delicious-tasting sunflower butter is made with simple ingredients, free from the top eight food allergens, and contains more vitamins and minerals than most nut butters. It is paired with a variety of jellies and served on nutritious wheat bread.
- American cheese sandwich on country white: This is a take on a simple, classic sandwich loved by all kids. American cheese is thinly sliced and served between two pieces of hearty country white bread.

# Monday:

- <u>Chicken Caesar wrap with lettuce</u>: Diced chicken breast, romaine lettuce, parmesan cheese, and Caesar dressing wrapped in a soft tortilla.
- <u>Sliced deli ham and American cheese on country white</u>: This deliciously fresh take on a classic sandwich features country white bread, thinly sliced deli ham, and flavorful cheese. Condiment packets are included.

### Tuesday:

- <u>Fresh chicken salad wrap</u>: All white meat, shredded chicken, mayonnaise, and flavorful seasoning rolled in a soft tortilla shell.
- Oven-roasted turkey sandwich on hearty wheat: Roasted deli-style turkey sandwich on hearty wheat bread. Condiment packets are included.

#### Wednesday:

<u>Grilled Hot Dog</u>: A summer tradition, it's time to fire up the grill for a cookout. Enjoy one
or two freshly grilled hot dogs, and our counselors will help put on the condiments of
your camper's choice.

A choice of a daily beverage (bottled water, white milk, chocolate milk, apple juice)

Apples and oranges are available daily, and a homemade chocolate chip cookie can be included in your child's lunch.